



A runner provides vital assistance to senior figures within a film, television or video production company. The job title 'runner' has not been chosen at random. Indeed, if you're lucky enough to become a runner, you will spend your time 'running' around and making sure everything is 'running' smoothly. Got it? Good.

For most people entering the film or television industry, working as a runner is a way to gain valuable experience and get your foot in the door. This is an entry-level position, so don't worry! It's incredibly unlikely that you'll stay working as a runner for the rest of your career.

Skills:

- People skills
- Problem solving skills
- Attention to detail

Areas of work:

- Film
- TV

Income

Runners tend to receive an hourly rate, rather than a salary somewhere between £6.50 and £10. This however depends on the production and the hours they work. As it is an entry level job, most plan on progressing to a different job in the media industry.

